



# Activity Holiday Booking Form

## Booking details

Holiday choice:

**1st choice date:**     
*dd mm yy*

You are welcome to check availability with the  
Sales & Reservations team prior to booking  
0345 293 7373

**2nd choice date:**    (in the event your first  
choice is fully booked)  
*dd mm yy*

Bookings will only be guaranteed with receipt of  
completed booking form and holiday deposit

**Mr**  **Mrs**  **Ms**  (please tick)

**Address:**

**Other:**

**First name**

**Surname**

**Postcode**

**Email**

**Home telephone**

**Mobile telephone**

**Male**  **Female**   
(please tick)

**Date of birth:**     
*dd mm yy*

(in the rare event of an emergency  
please ensure this detail is correct)

**Hostelling Scotland memb no:**  
(or other YHA organization)

**Membership required?**

Yes  No

NB Holiday at member rates – no further discounts.  
For membership options please see [www.hostellingscotland.org.uk](http://www.hostellingscotland.org.uk)

## Health, fitness and equipment

Please state here any medical or health conditions we should be aware of with regards to the Health and Fitness section in the Activity Holiday Conditions

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**It is compulsory to let us know immediately if any medical problem occurs after completing this form which may affect your fitness to participate on the course**

Some of our providers may require additional information and the relevant medical form will be sent on receipt of deposit

We regret that any failure to declare any conditions may result in the cancellation of your holiday without refund

### Next of kin

Please give details of someone we can contact in the rare event of an emergency

**Name**

**Relationship to you**

**Address**

**Postcode**

**Mobile telephone**

## IMPORTANT INFORMATION

### Fitness assessment

Please complete the following self- assessment. Our activity provider may get in touch directly if we have any questions

### Skye Munros/Torridon Munros

These trips require a very high level of fitness. The trip is several days together with up to 10.5 hours per day. Scrambling experience and a head for heights are essential

Please complete details opposite so we can ensure we have the correct equipment for you on site

- Am I a regular hillwalker? Yes  No
- Can I walk at a continuous steady pace all day? Yes  No
- Can I cope with this pace on consecutive days? Yes  No
- Am I supple and agile enough to comfortably manage climbing and scrambling sections ? Yes  No
- Do I have a head for heights? Yes  No

### Equipment

Some holidays will require equipment which is included in the cost (wet suits, harness, etc)

To help us with sizes please complete this section

**Height**

**Weight**

## Catering information

### Catering

Where catering is offered as part of the package, please inform us of any dietary requirements you may have

Allergies \_\_\_\_\_

Vegetarian Yes  No

Vegan Yes  No

Other \_\_\_\_\_

## Additional options\*

Please tick if required and add to total cost

### Skye Munros

If you would like breakfasts included, please confirm here

7 x Continental Breakfasts

£34.65

## Deposit and declaration

### Deposits are non-refundable and non-transferable

Weekend courses £75.00

All other holidays £175.00

(Bespoke holidays require 20% of total cost as deposit)

### Declaration

I have read and understood the Hostelling Scotland Terms and Conditions of booking and confirm my fitness level and ability match those required to the holiday grading

### Signed

### Date

## Payment details

### Payment method

Holiday cost £ \_\_\_\_\_

Visa  Mastercard  Visa Debit  Other \_\_\_\_\_

Additional options\* £ \_\_\_\_\_

Name on card \_\_\_\_\_

Less deposit £ \_\_\_\_\_

Card number \_\_\_\_\_

Membership £ \_\_\_\_\_ (if required)

Expires   Valid from   Issue

Balance due £ \_\_\_\_\_ (8 weeks prior to arrival)

**Deposits may also be paid by cheque made payable to Hostelling Scotland**

Please return the completed form with deposit details to:

**Reservations, Hostelling Scotland, 7 Glebe Crescent, Stirling FK8 2JA**

Email: [reservations@hostelling-scotland.org.uk](mailto:reservations@hostelling-scotland.org.uk)

Telephone: 03452 93 73 73

Fax: 01786 891 350

## Travel arrangements

All Hostelling Scotland holidays require a minimum number of people to operate

Please check with the Sales and Reservations team before confirming your travel arrangements

## Video and images permissions

Hostelling Scotland produces website content, publications and other materials to raise awareness of its work, sometimes in partnership with other organisations such as activity providers and national partners

We would like to ask for your permission to allow Hostelling Scotland (or partners) to use images or footage of you

Hostelling Scotland will not pass on the images or recordings to be used by any other organisation (apart from our partner organisations) except to illustrate features promoting our services and materials

I **DO** agree to give permission

I **DO NOT** agree to permission

Signed \_\_\_\_\_

We do not pass on details to third parties

All information received is strictly private and confidential

Scottish Youth Hostels Association (also known as SYHA or Hostelling Scotland), is a registered Scottish charity, No. SC013138 and a company limited by guarantee, registered in Scotland, No. SC310841. Registered Office 7 Glebe Crescent, Stirling FK8 2JA

**Thank you for booking with Hostelling Scotland!**

